



Dr. Satheesh Kathula President - AAPI

# FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025

### April 01, 2025 Arrive in Tokyo

Arrive in Tokyo on board your directly booked Airline. Transfer to hotel in Tokyo. Arrive in Tokyo with your directly booked international airline. Transfer to hotel. The rest of the day is free to relax and explore the city at



your own pace. In the evening enjoy Sumo Wrestler Show in Tokyo.

Overnight in Tokyo.

### April 02, 2025 Tokyo

After breakfast, proceed on a full tour of Mt. Fuji and Hakone National Park.



You will take a cable car from Hakone National Park for a panoramic view of Mt. Fuji. Enjoy the Owakudani Boiling Valley - a volcanic valley with its volcanic smokes in Hakone.



cruise on Lake Ashi, a beautiful caldera formed by the outer crate ride and inner volcanoes.



Later, continue the drive back to Tokyo. Overnight in Tokyo.

### April 03, 2025 Tokyo

After Breakfast, a full day tour of Tokyo will take you to Meiji Shrine was founded in 1921 to enshrine the Emperor and Empress Meiji.



## FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025

Drive past the Imperial Palace is the main residence of the Emperor of Japan (not open to public to visit inside). Asakusa Kannon temple - Senso-ji is an ancient Buddhist temple located in Asakusa. Ginza, a neon-lit district in Chuo-ku, is one of the most famous downtown areas in Japan. Visit the Tokyo Tower



Overnight in Tokyo.

### April 04, 2025 Tokyo – Hiroshima

After breakfast, check out of the hotel and transfer to Tokyo Station for your Bullet Train (Shinkansen) to Hiroshima to view the memorial of first atomic bomb that fell here during World War II.



Visit Peace Park, Peace Park Museum, Bomb Dome. Learn about the aftermath of the atomic bombing of Hiroshima Ruins of Hiroshima after the detonation of a U.S. atomic bomb on August 6, 1945 during World War II



Overnight in Hiroshima

### April 05, 2025 Hiroshima – Kyoto – Osaka

After breakfast, check out and proceed on tour of Hiroshima visiting Miyajima Island & Itsukushima Shrine.



Miyajima's floating torii gate has become one of Japan's most recognizable images as well as a famous sightseeing spot. Easily accessed from Hiroshima by train and ferry, the island is home to hundreds of wild deer as well as fresh oyster shacks and historic temple complexes. The island of Itsukushima is more commonly known as Miyajima, meaning 'shrine island', and is best known for Itsukushima Shrine, a UNESCO World Heritage



## FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025

Site. After the tour, transfer to train station for bullet train to Kyoto. Arrive Kyoto and Ryoanji Temple Overnight in Osaka

### April 06, 2025 Full day tour of Nara

After breakfast, a full day tour by motor coach to Nara visiting Todaiji – houses the biggest wooden Statue of Buddha.



Visit Nara Deer Park, Kasuga Grand Shrine-, Nara's most celebrated Shinto shrine. Kasuga Taisha was established at the same time as the capital and is dedicated to the deity responsible for the protection of the city. Also visit Naramachi-east of Nara Park, the narrow, winding streets of traditional merchant houses now host sweet shops, modern art galleries, hip cafes and boutique ryokan. With shops like Yu Nakagawa, Naramachi is a great place to find contemporary Nara crafts and stylish souvenirs. Overnight in Osaka.

### April 07, 2025 Full day tour of Kyoto

After breakfast, a full tour of Kyoto by motor coach visiting the World Heritage Site of Nijo Castle.

Visit Kinkaku-ji Temple with its beautiful golden Shariden, and the Kyoto Imperial Palace, which was used as the emperor's residence until about 150 years ago.



Walk around Gion where the bustling atmosphere of Kyoto is, and then experiencing first-hand Japanese culture.



In the evening enjoy the Maiko Tea Ceremony Overnight in Osaka

#### April 08, 2025 Full day tour of Osaka

A full day tour of Osaka will bring you to Castle and Dotonbori shopping district. The Osaka Castle was built in the end of the 16th century by Toyotomi Hideyoshi, a well-known warlord.



## FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025



Dotonbori is a large-scale downtown area along the south bank of the Dotonborigawa Canal. The Umeda Sky Building is the seventh-tallest building in Osaka City, Japan, and one of the city's most recognizable landmarks.



Overnight in Osaka.

### **OPTIONAL EXTENSION TO SOUTH KOREA**

#### April 09, 2025 Osaka - Busan, South Korea

After early breakfast, transfer to airport for your international flight back to your home or extend your Optional tour to South Korea

OR

Fly to Busan, South Korea. Arrive in Busan, South Korea. After completing your Immigration and Customs formalities, your local Guide will transfer you to hotel. Rest of the day is free to enjoy this waterfront hotel. Overnight in Busan

### April 10, 2025 Full day trip to Gyeongju

After breakfast, visit by motor coach to Gyeongju city visiting Bulguksa Temple, Bulguksa - A UNESCO World Heritage Site, Bulguksa Temple is a tourist destination that Koreans of all ages have visited at least once. It is a temple representing the Silla period and is in harmony with the beautiful natural scenery.



Visit Gyochon Village (Woljeonggyo). Along the stone wall road, you can see the structure of a hanok and Woljeong Bridge above Muncheon stream. Visit Daereungwon Tomb Complex -a cultural heritage site representing Gyeongju. Daereungwon is a densely populated area of large tombs of kings, queens, and aristocrats of the old Silla era. Visit Hwangridan-gil is a street where you can feel the old atmosphere as old buildings from the 1960s have been preserved. Visit Donggung Palace and Wolji Pond (Anapji Pond)- It is a palace site from the Unified Silla period and one of the representative ancient Korean structures. The palace



## FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025

reflected in the lake boasts incomparable beauty. It is a must-see night view tourist attraction in Korea.

Overnight in Busan

#### April 11, 2025 Full day tour of Busan

A full day tour of Busan. Visit Haedong Yonggungsa Temple built in 1376 along the Busan shore line.



Visit Taejongdae famous for its rock beach. Visit Busan Gamcheon Culture Village-formed by houses built in staircase-fashion on the foothills of a coastal mountain, this village is crowned the nickname "Machu Picchu of Busan. Visit Songdo Skywalk- enjoy a 365m long skywalk with magnificent view along the Songdo Beach. It is Korea's longest ocean sky walk which also has a glass



bridge and you will be able to see the color of the ocean while the waves roll under your feet. You can also choose to take the Songdo Cable car and enjoy the breathtaking views of the city and coastline.

### April 12, 2025 Busan – Seoul

After Breakfast, check out of the Hotel and Transfer early Morning fast train to Seoul. Arrive in Seoul and Transfer to Hotel. Later in the afternoon visit the Gyeongbokgung Palace, the largest of the "Five Grand Palaces". Within the Palace grounds visit Jogyesa Temple dedicated to Buddhism and still influential today. Overnight in Seoul.

### **April 13, 2025 Seoul**

Early Morning Depart by private Coach for Imjinggak at DMZ (Demilitarized Zone), see the Freedom Bridge and Mangbaeda which is an altar for the Koreans to come pay respect to their families in North Korea.



After, transferring to the DMZ, we take a shuttle bus for a ride through the 3rd Tunnel and DORA Observatory. One can see parts of North Korea from the Observation deck. The Media Hall offers an insight of the disparities between the divided country.

Overnight in Seoul.



## FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025

### April 14, 2025 Seoul – Abroad

Transfer to airport for your directly booked flight to abroad.

## JAPAN & SOUTH KOREA LAND PACKAGE TOUR INCLUDES:

- Deluxe /First class accommodation as per the program based on sharing a twin/double standard room.
- Osaka to Busan airfare as per the program in coach on scheduled Airline selected by Pollina Tours.
- -All transfers, sightseeing and excursion tours by private air-conditioned deluxe motor coach
- 08 Hours CME Credits for attending Physicians.
- Bullet train ride in Japan and South Korea
- Cultural local folklore shows in Japan and South Korea
- -Packed Picnic Light Box Lunch
- Buffet vegetarian and non-vegetarian dinners (Indian food wherever available) at local restaurants/hotel
- -Services of experience English speaking guide.
- -Entrance fee to the places of visit.

All rates are in US Dollars per person based on two people sharing a room basis

	JAPAN ONLY	JAPAN & SOUTH KOREA
LAND COST	US \$ 5750	US \$ 6850

#### SINGLE SUPPLEMENT\*

JAPAN ONLY US \$ 1595 JAPAN AND SOUTH KOREA US \$ 1995

\*Supplement additional cost if you are not sharing the room.

**NOT INCLUDED**: Not included in the Land Cost are any international airfare, any Government issued mandatory vaccination requirements and charges needed to embark on the trip, Visa fee, Travel Insurance, porterage at the airport, alcohol, items of personal nature such as laundry, tips or gratuities, telephone, room service, any increase of government-imposed taxes, any other items not mentioned in the above tour inclusion list.

**TOUR BOOKING:** POLLINA TOURS AND TRAVEL, INC. located at 95 Broadway, Suite 5, Hicksville, New York 11801 is our Tour Operator to Japan and South Korea. Each passenger must duly fill in the Booking form, sign it and mail the original hard copy of the Booking form to Pollina Tours along with their tour deposit of \$ 500 per person.

**FORM OF PAYMENT**: Please make the check payable to Pollina Tours & Travel, Inc for USD 500 per person before October 30, 2024. If paying by credit card, there is 3.0% processing fee. The final payment is due 120 days before departure.



## FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025

TRAVEL INSURANCE: Pollina Tours do not sell any travel insurance. We strongly recommend that you obtain a comprehensive Travel Insurance coverage, including but not limited to trip cancellation, delay, loss of deposit, medical expenses, personal accidents and death, loss of baggage, personal belongings. CFAR (Cancel for Any Reason) Travel Insurance Policy is one option that you must discuss with your Travel Insurance Company, as it offers a wider range of coverage if you cancel for any reason. Most Travel Insurance companies want you to buy insurance at the time of making your initial tour deposit to obtain the best coverage. Please contact and discuss all options available to you from the Travel Insurance companies of your choice before signing up on the tour.

CANCELLATION AND REFUND If the tour is cancelled by the tour participants for any reason or for any circumstances beyond the control of Pollina Tours & Travel, Inc, its agents, and its service providers, cancellation fee will be applicable. CFAR (Cancel for Any Reason) travel insurance policy is one option that you must discuss with your Travel Insurance Company, as it offers a wider range of coverage if you cancel for any reason.

We highly recommend purchasing Travel Insurance policy from the travel insurance company of your choice, covering all eventualities including, but not limited to, trip delay, trip cancellation, medical evacuation, illness, pandemic, endemic, outbreak of disease, terrorism, inclement weather, natural disaster, death of the traveler, accident etc that can protect yourself from cancellation fee as mentioned in the chart below:

Tour cancellation date	Cancellation Fee (per person)
Before 180 Days of Departure	US \$ 500
Between 179 - 120 Days	25% of Tour Cost
Between 119 – 90 Days	50% of Tour Cost
Between 89 – 60 Days	75% of Tour Cost
Within 59 Days of Departure	100% of Tour Cost

It is mandatory for passenger to make all cancellations in writing, stating the reason for cancellation and same must be received in our office. Most refunds generally take 6-8 weeks to process.

**TRAVEL DOCUMENTS:** It is the sole responsibility of each passenger/tourist to obtain and verify that all of their travel documents, such as passport, visa, and airline tickets, vaccination requirements etc are in order and meets the guidelines to embark on the trip.

**HEALTH:** You must consult with your physician every important aspect of your health-related issues, including sea-sickness, motion sickness, vaccinations such as Yellow Fever, Hepatitis, malaria prophylaxis etc. to ensure that you are in good health to engage in overseas travel. In addition, you are expected to carry your own regular medications, which may not be available aboard. All our overseas tours may require considerable walking and driving, sometimes on uneven, dusty and bumpy road and snow conditions. You may also need to take stairs and inclines during the tour. No individual assistance to passengers requiring wheelchair can be provided, as many places may not be wheelchair accessible and may be challenging for the physically handicapped. For Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the Centers for Disease Control and Prevention's



## FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025

hotline for international travelers at 800-CDC-INFO (800-232-4636) or via the CDC's Internet site, at www.cdc.gov/travel. For information and health guidelines about outbreaks of infectious diseases such as COVID 19 and other disease abroad, please consult the World Health Organization's (WHO) official website. All passengers are personally responsible to ensure that they comply with overseas mandatory medical/vaccination requirements and are medically cleared by their Physicians to embark on the trip.

#### AIRLINE GROUP BOOKING AND SEAT ASSIGNMENTS:

POLLINA TOURS makes the booking with the Group Department of the airline, which means all the group members must travel together to and from a common gateway, as one Group. The Group tickets are lower fare tickets and carry restrictions. The tickets are nonrefundable, non-transferrable, non-re-routable, and non-endorsable. Policies governing seat assignments for groups vary greatly by airline. Most airlines currently offer preferred seating, a system which allows them to charge additional fees for more desirable seats, which may include window and aisle seats. As a result, many seats displayed on airline seat maps are set aside for clients willing to pay additional fees for them. Some seats may only be accessible at airport check-in, although sometimes passengers with frequent flyer status may have earlier access. Seat assignments preferences are not guaranteed by Pollina Tours. Airline reservation agents are often prohibited from assisting with seat requests for group reservations.

GROUP HOTEL/CRUISE BOOKING: POLLINA TOURS makes the booking of the hotel in "Standard" twinbedded (two single beds) rooms or "Standard" double bedded (one double bed) room with private facilities, unless you have specifically requested and paid for an upgraded room category. Special requests, such as bed

types, smoking preference and connecting rooms are subject to availability. Room selection in all cases, unless otherwise reserved, is strictly at the discretion of the hotel's management on a run-of-house basis.

GROUP MEALS BOOKING: POLLINA TOURS make the reservation for the Group Dinner arrangements at the hotel or local restaurants based on the hotel or restaurant's Buffet or Set dinner menu basis policy. All efforts are made to offer Vegetarian and Non-Vegetarian menu choice to the Group members. However, Pollina Tours cannot make multiple dinner menu request based on each group members' individual request, personal taste, likes and dislikes. Due to the presence of food allergens in the processing environment and in meals and snacks served, Pollina Tours and its suppliers cannot guarantee an allergen-free meal. We encourage customers to review any health/food allergy concerns with their physicians prior to joining the tour.

**RESPONSIBILITY**: Pollina Tours & Travel, Inc. and/or their agents give notice that all tickets, vouchers and the coupons issued by them and all arrangements for transportation or for conveyance/hotel accommodation, sightseeing, excursions, etc, made by them, as AGENTS of the passenger upon the express condition that they shall not be held liable for any injury, damage, loss, accident, death, delay or irregularity which may be occasioned either by reason or defect of any vehicle, or through the act or default of any person or company engaged in conveying or housing the passengers or in connection therewith, or of any hotel proprietor or employee. Pollina Tour and/ or their agents can accept no responsibility for cancellation penalties or losses or incidental expenses due to delay or change in schedules of airline, rail, motor coach, cruise or any transportation companies etc, hotel overbooking or default, sickness, injury, death, weather, strike, political or social unrest,



## FRIENDS & FAMILY CME TOUR APRIL 01-14, 2025

disease, epidemic, pandemic, terrorism, natural calamities, quarantine or any other causes beyond the control of Pollina Tours & Travel, its agents and suppliers of services. All such losses or incidental expenses will have to be borne by the passengers. Baggage is at owner's risk throughout the tour. Obtaining a suitable travel insurance policy to cover the medical and nonmedical eventualities from any Travel Insurance company of your choice is solely the responsibility of each passenger/tourist booked on our tour. Pollina Tours & Travel reserves the right to accept or reject any person as tour participants, to expel any tour participants from the tour, to make changes in the itinerary whenever the company deems it is necessary for the comfort, safety and convenience of the participants or their agents/service providers. Although, all safety measures are taken by our suppliers to ensure you have an enjoyable and safe tour. However, our Service provider will require you to sign their responsibility form to not hold them responsible for any injury, accident, death, etc, caused to you during any adventure tourism activities, jungle safari, etc. which is beyond their control. All prices are quoted in US Dollars. The transportation, airlines, rail, cruise, ferry companies, etc, concerned are not to be held responsible for any act, omission, or events during the time passengers are not on board their carriers and conveyance. The passenger's contract in use by the airline carrier, when issued, shall constitute the sole contract between the transportation company and the purchaser of the Tour(s) and/or passengers. Typically, check- in time at the hotels is 3:00 PM and check out time is 12 noon. Sequence of the itinerary is subject to change, due to circumstances beyond our control.

PLEASE CONTACT POLLINA TOURS TODAY TO BOOK AND SECURE YOUR TOUR SPACE:

#### **TOUR OPERATOR:**



95 BROADWAY SUITE # 5, HICKSVILLE, NEW YORK 11801 Tele:(516) 358 1301 email: pollin@earthlink.net web: www.pollinatour.com



